

WELL ARMED

DESCRIPTION: 40 count, 4-wall line dance
CHOREOGRAPHER: Jim and Martie Ferrazzano - 1996
MUSIC: "Armed and Dangerous" - Steven Craig Harding

CROSSOVER SIDE STRUT TO LEFT

1,2 Step left on ball of left foot, step down on left foot snapping fingers
3,4 Step on ball of right across front of left, step down on right snapping fingers.
5,6 Step left on ball of left foot, step down on left foot snapping fingers.
7,8 Step on ball of right across front of left, step down on right snapping fingers

HEEL JACKS, STEP TOUCH

&9 Step slightly back on left (uncrossing feet), touch right heel front.
& 10 Step center on right, step center on left.
&11 Step slightly back on right, touch left heel front.
& 12 Step center on left, step center on right.
&13 Step slightly back on left, touch right heel front.
14,15 Step center on right, step slightly forward on left.
16 Tap right toe across behind left foot.

SLIDE BACK, ROCK, STEP, STEP, TOE HOOK, STEP BACK, TOUCH FRONT

17,18 Slide backward on ball of left, rock weight back on right.
19,20 Step (recover) forward on left, step forward on right
21,22 Hook left toe behind right ankle, make 1/4 turn right on ball of right foot.
23,24 Rock weight back on left, touch right toe front.

1/2 TOE SWEEP TURN, HIP PUSHES (or shimmys) RIGHT and LEFT

25,26,27,28 Sweep right toe out and around in circular motion bring body 1/2 turn to right, clap
29,30 Step right to right side bending knees push hips forward twice (or shimmy 2cts)
31,32 Slide left foot to right straightening knees push hips forward twice (or shimmy 2cts)
33,34 Step left foot to left side bending knees push hips forward twice (shimmy)
35,36 Slide step right foot to left straighten knees push hips forward twice (shimmy)

CROSS BACK, 1a TURN, STOMP, STOMP

37,38 Touch right toe across behind left foot, make 1/2 turn to right (weight to right)
39,40 Stomp left, stomp right.

Begin Again